

# IOWA STATE UNIVERSITY Women's Club

## February 2020 Newsletter



### “Weaving Friendships | Inspiring Growth”

#### ISUWC PRESIDENT, ANA MCCrackEN



In January, I turned 59. Facing another year, I thought I had “birthday anxiety” under control. But as my birthday dwindled towards midnight, Left-shoulder Goblin whispered, “You’re gonna be sixty. You’re gonna be sixty.” A

week-long panic attack ensued.

When I turned 48, I anticipated Left-shoulder Goblin, and counseled myself to get my turning-50-emotional ducks in order. I surmised crossing the 50-yard line with a bad attitude or anxiety would beget a tumultuous decade. I don’t recall my pep talks, but I crossed into 50 unscathed. I’ve had a phenomenal decade. Albeit parental deaths. And breaking a leg... Ha!

Rolling up on 59, turning-60-panic attacks blind-sided me because I’m busy studying for my MFA in creative writing at Iowa State. On the tail of birthday-panic attacks arrived a 12-credit spring semester. First day of my women and gender studies, I left dazed—twenty books, plus a supplemental book, five book reports... I’m a slow reader. The subject matter barely touched upon my adoption memoir thesis. But it filled credit requirements. As did under-grad women’s psychology. Ah hem, snore. Then my husband reminded me I live in Ames. Iowa State’s not going anywhere. Not looking for an eventual job, why was I rushing towards graduation? An A-student “this time,” I suffer over-achiever syndrome. I dropped both classes. And considered. Unlike turning 50, 60 is requiring the practice of discernment—choosing things and opportunities to maintain level blood pressure. Turning 60, I’ve realized, means spending time with people I care about. Seriously following my passions and dreams. Remembering to have fun—something not innate in me.

And yet, there will be times when something I’ve chosen doesn’t quite meet the above criteria. But I involve myself because it’s a beloved organization, and being involved generates new friendships and enriches my life. This is a sneaky segway into reminding our ISUWC membership about committee positions the nominating committee is seeking to fill. The **Iowa State University Women’s Club** has been around since 1897. We’re still here because women have

served. If you’re asked to serve, please consider saying YES. If we don’t know you, reach out and express your interest. My year so far as president has been filled with memorable moments, highlights, laughs, and accomplishments (Click <https://www.isuwc.org/> for our website, and this link to [Keepsakes](#), the written history of our club.). I’ve found, as Jonie Fitzsimmons promised, the position of president is made easy because of the women who surround and support it. Consider saying yes to opportunities listed on the next page. Believe me. You’ll be glad you did.

### CALENDAR OF EVENTS

**Monday, February 17, 2020** at Bethesda Lutheran Church

12:45 pm **BUSINESS MEETING**

1:30 pm **“GET READY FOR SPRING – WALKABOUT GARDENS”**

**BY NAN RIPLEY -**

Hostesses – Block Builders, Bowling

**Monday, March 16, 2020** at Bethesda Lutheran Church

12:45 pm **BUSINESS MEETING**

1:30 pm **“100 YEARS OF WOMEN’S SUFFRAGE”**

**BY KAREN KEDROWSKI**

Hostesses – Wine and Tapas, Women on Wine

Wednesday, April 1, 2020 - All Day

**DEADLINE FOR APRIL NEWSLETTER**

**Monday, April 20, 2020** at ISU Alumni Center

12:00 pm **“SPRING INSPIRATION” - SPRING LUNCHEON**

Arrangements - Spring Event Committee

**Monday, May 4, 2020** at Collegiate Presbyterian Church

9:30 am **BUSINESS MEETING**

#### MEETING ADDRESSES

Bethesda Lutheran Church, 1517 Northwestern Avenue.

Collegiate Presbyterian Church, 159 N. Sheldon Ave.

ISU Alumni Center, 429 Alumni Lane.

## CALLING ALL MEMBERS!

Greetings new and seasoned members of the ISUWC! It's hard to believe that the ISUWC 2019-2020 year has reached its halfway point. Annually, a nominating committee begins meeting to fill leadership and other positions for the 2020-2021 year. With this in mind, please begin to consider how you might contribute to your organization. Much thought and consideration will be spent in choosing the right candidate for each needed slot. No one is asked to do more than we know they are capable of doing.

All positions are furnished with a notebook of valuable knowledge and contact people to help you with your new assignment. The great thing about being one of "the chosen" is that everyone wants you to succeed and with this in mind, will assist to make sure that you DO succeed. In the meantime, look over the front section of your yearbook to see if there is a position that screams out to you! When the phone rings and you are offered an opportunity, please feel free to express interest in something else you might like to do if the one offered isn't exactly what you prefer. Your call might not come this year, but in the future. In the meantime, enjoy our group, the various interest groups and the enrichment it provides to you and others in the community! Our group is only as strong as its participants.

If you would like to be a part of next year's **cabinet**, one of the open positions may be for you - we have lots of great members returning and we like to have a couple of new people on committees as others rotate off to keep everything running smoothly.



If you enjoy **social activities** - we need two more people on our **Fall Opener committee**.

If you are **adventurous** - we are looking for two more people to help out with our **Fall Trip**.

If you love the **holidays** and all that goes with it - we are looking for two more people to serve on the **Holiday Social committee**.

If you would like to **greet members** at our General Assemblies - we need two people to handle **Nametags**.

If you could see yourself in any of these scenarios, contact Ana McCracken, Joyce Schafbuch, Marybeth Buchele or Jonie Fitzsimmons.



## Monday, February 17 at 1:30 pm "GET READY FOR SPRING – WALKABOUT GARDENS"

By Nan Ripley

It's a beautiful thing when a career and a passion come together. That is exactly where Nan Ripley is with her rural Nevada Walkabout Garden and daylily hybridizing business. Nan's massive garden features every hardy perennial she can find in addition to the 57 daylilies varieties she has introduced. Besides being a fabulous gardener and business woman, she is a teacher, garden judge, author, artist, and all-around fun person. Think spring and come learn more about Nan and her passion!

## YEARBOOK CHANGES

Please correct your yearbook to reflect these changes:

**Effie Lingren** can be reached by cell 515-450-2187

**Funaba, Sachiko**, 515-203-5552, 1711 Ledges Dr. Ames, IA 50010, [sfunaba@gmail.com](mailto:sfunaba@gmail.com)

**Ruth DeBoer** [rdeboer1202@gmail.com](mailto:rdeboer1202@gmail.com)

**Barbara Ebberts** [barbebberts01@gmail.com](mailto:barbebberts01@gmail.com)

**Beverly Nutt** 515-708-2675, 5900 Hyde Av., #202, IA50010, [mailto:bev.iowa@gmail.com](mailto:mailto:bev.iowa@gmail.com)

## PLEA FOR SCHOLARSHIP CONTRIBUTIONS

The Iowa State University® Women's Club (ISUWC) recognizes the academic, personal and community accomplishments of full-time Iowa State University women students through an award endowed by the club. This award is intended as an honor for personal achievement. Financial need is not a consideration for this award. Recipients receive one-half of their award in the Fall Semester and the other half in the Spring Semester. A student may receive the award only once.

This past year, due to dwindling endowment fund donations and investment interest, only four scholarships were awarded instead of five. As your interest group considers its yearly worthy cause contribution, please consider targeting that money to the Scholarship Endowment Fund to keep our longstanding tradition alive. Contributions are tax deductible and may be sent to ISU Foundation, 2505 University Blvd, Ames, IA 50014 or to Karen George, ISUWC Treasurer, 2834 Cambridge Dr., Ames, IA 50010, or donate online.



## DID YOU KNOW?



### IOWA STATE UNIVERSITY MEMORIAL UNION

Built in 1927 as a memorial to those who lost their lives in World War I, the Memorial Union serves as a central meeting place for students and faculty to gather for social events. The Gold Star Hall is Iowa State's monument to its fallen soldiers from World War I, World War II, Korea, Vietnam and Iraq. In World War I, when a family had a son or daughter in the service they displayed a card with a blue star in their window. When a life was lost, the blue star was changed to gold – hence the name of the Gold Star Hall.



### NEW INTEREST GROUPS TO EXPLORE

Since the Fall Opener in September, ISUWC has added seven new interest groups: **Book Buddies**, **Couples Breakfast**, **Euchre**, **G.I.V.E.** (Girls into Volunteering Everywhere), **Mahjong Maniacs**, **Two by Two**, and **Zany Zins**. Pages have been completed for each group and sent to the membership via email for inclusion in their yearbooks. Membership is open with Couples Breakfast, Euchre, GIVE, Mahjong Maniacs and Zany Zins. A scrapbook interest group, **Scrappy Lassies**, also began in the fall, but has since disbanded.

### SHARING FRIENDSHIP

Help extend the hand of friendship by contacting Sharon Olson or Marilyn Barquist if you know a member who should be remembered with a card. Cards are sent for hospital stays, extended illness, death of a member, death of a member's relative, birthdays-70+, anniversaries-50+, and a special honor or award that a member has received.



### BLOCK BUILDERS QUILT RAFFLE TO BENEFIT ISUWC SCHOLARSHIP FUND

This year, as in years past, Block Builders is sponsoring a quilt raffle, with all ticket sales going to the ISUWC Scholarship Fund. The quilt pattern is 'Country Baskets' and the quilt is for a queen sized bed.

Tickets are \$2.00 each or 3 for \$5.00 and may be purchased at the February and March General Assembly meetings or from any Block Builder member.

The drawing for this beautiful, queen-size quilt will be held at the **Spring Luncheon on April 20th**.



### Iowa State Women's Club Contact Details

[isuwomensclub@gmail.com](mailto:isuwomensclub@gmail.com)

[www.isuwc.org](http://www.isuwc.org)

<https://www.facebook.com/ISUWC>





## WEBSITE REGISTRATION

Members are encouraged to register their membership on the ISUWC website. Registration will give

members exclusive access to MEMBER ONLY information.

Once registration is approved, members can access membership information and download needed forms using their user name and password. Registration is a very easy process by following these five quick steps:

1. Go to the [www.isuwc.org](http://www.isuwc.org). Hover over the [Members](#) tab at the top of the page.
2. Select either Forms or Directory from the drop-down menu.
3. When the 'Create an Account' window opens, choose Register.
4. When prompted, enter your name, email, user name and password. Submit.
5. Wait for a reply email approving your registration. Log in using user name and password.

Please contact Ann Sandine ([ann.sandine@gmail.com](mailto:ann.sandine@gmail.com)) if you have registration issues.



## SPRING INSPIRATION" – SPRING LUNCHEON

**ISU Alumni Center** 429 Alumni Lane, Ames  
**Date/Time** Monday, April 20, 2020 at 12:00 pm  
**Arrangements** – Spring Event Committee

Tickets will be available at the **February and March assemblies** and at **Cooks' Emporium** and **Coe's Floral and Gifts** from February 24 to April 10 on a "first-come" basis. Seating is limited and tickets will not be sold after April 10 or at the door.



### WHERE HAVE ALL THE FLOWERS GONE?

An Ode to ISUWC Bins Full of Who Knows What

Where have all the vases gone, long time passing?  
Where have all the linens gone, long time ago?  
Where have all the ISUWC items gone?  
Our gals store them every one!  
When will they be returned?  
To where will they be returned?



Apologies to Pete Seeger for using the lyrics to grab your attention. We are trying to determine who, where and what is being stored for ISUWC. Please email Ana McCracken with details about what you have (and continue storing for the time being). After we have an inventory, we will determine what to do to bring items together for storage or selling or both. If we choose to sell items, we will donate the proceeds to the scholarship fund. Please email Ana ([anahaysmccracken@gmail.com](mailto:anahaysmccracken@gmail.com)) by Friday, February 14<sup>th</sup> for discussion at the upcoming business meeting.

## PHOTO GALLERY - HOLIDAY SOCIAL AT THE KNOLL



Photos by Ana McCracken and Polly Gilbert

*The vision of the Iowa State University Women's Club is to create unity through friendship, promote a sense of belonging with each other and within the community, and as we grow, to have an impact on our society.*