

IOWA STATE UNIVERSITY *Women's Club*

April 2020 Newsletter



"Weaving Friendships | Inspiring Growth"

ISUWC PRESIDENT, ANA MCCRACKEN



When I assumed the position of president, I could never have imagined the state of the world closing out my term. I mention the pandemic because our newsletter is a historical document, and while the pandemic is a life-disrupter no one wants to think about, it

is significant. For one, it caused a sad ending to this year.

In March, I had to cancel a wonderful general assembly program. Of course, Karen Kedrowski, director of the Carrie Chapman Catt Center at Iowa State can be rescheduled, but our members rely upon our activities for social interaction. But it was cancelling the Spring Luncheon that did me in. Passing on the gavel to Joyce Shafbuch must wait till the Fall Opener on September 21st. My only joy in cancelling the spring luncheon from the road—at a rest stop on Colorado I-76 in a snow storm—was that my message beat President Wintersteens' email extending closures and cancellations on campus. I'm competitive. What can I say. I desperately needed a bright spot in the road that day. And have needed one since I arrived in Angel Fire, New Mexico for spring break. At the time of writing this missive, I'm still here sheltering in place.

One day as I was bemoaning the situation imposed upon me by the pandemic, I realized naval gazing and sniveling wasn't productive for my emotional well being. I've mentioned before that I'm an MFA in creative writing candidate at Iowa State. What you don't know is my writing has lain fallow. Supposedly I've been writing my dissertation this semester. But bad choices in classes, caused me to drop them, and left me in flummox. Thankfully, my pedagogy of teaching writing is a thrill, as is teaching my Micro-Memoir class for the OLLI program. That day I was bemoaning, I got the bright idea to post "positives" on Facebook. I called my posts, Maintaining Happy in Times of Coronavirus. My posts include lists of gratitude, sharing photos of our property here in New

Mexico, a road trip to Great Dunes National Park last weekend, where physical distancing wasn't an issue, and micro-essays. I've found writing lifts my spirits and my posts garner conversations, which creates a sense of community for me out here in the hinterland.

I share this with you, because while this is not a Facebook post, I want to express my gratitude to our Iowa State University Women's Club community. A former ISUWC president told me at the start of my term that our women would rise to support me as president. In not one instance, has her promise been untrue. I am so grateful to the officers and committee chairs for supporting the role of president. I am grateful to past presidents who have somehow intuited that I needed an email saying, "Good job, Ana." I am so grateful to our membership hearing the plea to make monetary contributions to our Scholarship Award Endowment. An endowment ensures our club can give scholarship awards to deserving women into perpetuity. To date, with interest group and individual contributions, a quilt raffle, and garage sale, we have raised \$7,162. This ladies, is to be commended. This doesn't mean, however, that we can stop giving. And I want to thank our web team committee, who swiftly brought us a new and interactive website. As our club moves onward into the future, being able to sign up for and renew membership and donate to the scholarship award online is critical to attracting new, and yes, younger members.

It has been a pleasure and honor to serve as the Iowa State University Women's Club president this past year. Thank you.

CALENDAR OF EVENTS

SPRING LUNCHEON, Monday, April 20– CANCELLED

**BUSINESS MEETING via ZOOM,
Monday, May 4 at 9:30 am**

HAPPY MEMORIES DUE JUNE 1

NEWSLETTER ITEMS DUE SEPTEMBER 1

SLATE OF OFFICERS FOR 2020 – 2021

President - Joyce Schafbuch

President elect - Shari Glenn

1st VP -Membership: Rochelle Ginder and Marie Schropp

2nd VP - Programs: Mary Augustus, Judy Mongin

3rd VP - Hospitality: Madonna Johnson

Secretary: Marybeth Buchele

Treasurer: Karen George

Historian: Ana McCracken

Parliamentarian: Ana McCracken

STANDING COMMITTEES

Auditing: Marlene Geiger, chair; Joyce Schafbuch, Fidella Marty, Maureen Wilt

Awards: Doris Weiner, Mary Jane Green, co-chairs; Linda Thompson, Terri Hasselman, Phyllis Schrag, Ana McCracken

Budget/Finance: Jonie Fitzsimmons, chair; Barbara Brown, Karen George, Phyllis Seim, Sylva Williams, Kim Zahnle, Audrey Marley

Fall Opener: Sherry Yockey, chair; Jennifer Groat, Barb Gohman, Eileen Muff, Allis Peters, Shari Glenn, Kit Krogmeier

Fall Trip: Marlene Geiger, Karen George - co-chairs; Sheryl Soden

Friendship: Marlene Barquist and Sharon Olson

Holiday Social: Barbara Splett, chair; Ginny Anderson, Karla Mortensen, Joyce Schafbuch

Hospitality: Madonna Johnson, chair; Allis Peters, Sylva Williams

Interest Group Sign up: Jonie Fitzsimmons and Mary Barratt

Membership: Rochelle Griner and Marie Schropp

Newcomers: Marie McCuskey, Ruth Ann Royer, Sachiko Funaba

Past Presidents Luncheon: Audrey Marley

Programs: Mary Augustus and Judy Mongin

Publicity: Jill Lowman, chair

Email coordinator : Marlene Geiger

Facebook: Jonie Fitzsimmons and Karen Hoiberg

Newsletter: Holly Beermann

Print Media: Jill Lowman

Website: Ann Sandine

Spring Event: Joan Greenlee, chair; Jeanette Dieterich, Mary Jane Green, Madonna Johnson, Donna Sogard

Yearbook: Marlene Geiger, Kitty Lamont, co-chairs; Marybeth Buchele, Shari Glenn, Laani Hill, Linda Hodges, Bernice Johnson, Dorothy Kirkland, Alice Laabs, Beverly Nutt, Jeanne Rogert, Phyllis Seim, Taihee Song

EMBRACING CHANGE

In February when the nominating committee extended invitations for membership to serve on the cabinet and various committees, the one committee that went unfilled was the Name Badge Committee. Because of this vacancy, a survey was sent to the entire ISUWC membership.

Members were asked if they would be in favor of being responsible for their name tag, or if they were in favor of having the club keep their name tag. Members were also asked if they would consider serving as co-chairs on the Name Badge Committee.

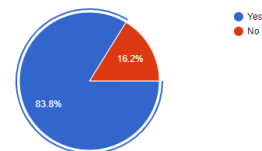
117 members responded to this survey, and overwhelmingly replied that they are in favor of being responsible for their name tag. And out of those 117 members, no one volunteered to fill the Name Badge Committee. With these resounding results and lack of Name Badge Committee co-chairs, a decision was made for members to be responsible for their name tags.

ISUWC Name Badge Survey

117 responses

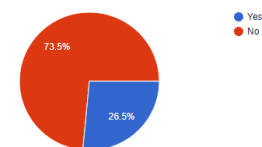
I am in favor of being responsible for my name tag.

117 responses



I am in favor of having the club keep my name tag.

117 responses



A tentative plan has been put in place for:

- Badges to be distributed to membership with the ISUWC yearbooks in August and at the Fall Opener. ISUWC officers will coordinate this distribution. Once received, members are encouraged to keep their badges in their purses or in the console of their car. Just think. How fun to wear your badge at your Interest Group gatherings, General Assemblies, etc. Everyone will always know each other's name.
- Interest Groups will be advised to have sticky badges on hand
- Newcomers Group will continue to make their badges
- How new badges will be made for new members and distributed is to be determined

Thank you to everyone who participated in this survey. Thank you to everyone for embracing change.

ANNUAL MEETING TO BE HELD VIA ZOOM

This year's Annual Meeting, scheduled for May 4th at Collegiate Presbyterian Church, at 9:30 am, will be held via Zoom - watch your email for more details!

YEARBOOK PREPARATIONS UNDERWAY

Thank you for Chairing an ISUWC Committee for 2020-2021! We hope that planning is underway. Please see below the information we seek from your committee for including in the 2020-21 Yearbook. We ask that you provide the information requested before **May 15**. If you have difficulty getting your info together by that time because you are waiting on a confirmation or something similar, please let us know when you anticipate being able to supply.

AWARDS- recipients of the Iowa State University Women's Club Award (those selected Feb)

FALL OPENER - date, time, theme, location of 2020 Fall Opener

FALL TRIP - date, info for Fall Trip

FRIENDSHIP/MEMBERSHIP -names of members reaching membership anniversaries, deceased members (those that would have been honored at the spring luncheon)

HOLIDAY SOCIAL-- date, time, location, theme

HOSPITALITY - interest group hostess for assemblies

PROGRAMS - dates, titles, speakers, locations for assemblies

SPRING LUNCHEON- date, time, location, theme, ticket info (see current yearbook for what to submit)

We look forward to receiving your information in the near future.

IN MEMORIAM

We are remembering these ISUWC members who passed away during 2019-2020:

Donna Cleasby, 6/14/2019

Pauletti Lasley, 7/12/2019

Bobbie Warman, 10/29/2019

Beverly Van Fossen, 2/2/2020

Sharon Guber, 2/23/2020

"To live in hearts we leave behind is not to die."

—Thomas Campbell

ARE YOU READY TO RENEW?

In early April, please be on the lookout in your mailbox for a **celestial blue** membership renewal form that is due **May 31, 2020**! Each member (renewing, and honorary) will receive her own copy of the renewal form. Please fill in all the information and return the form with **ONE check**, in the amount of **\$25.00** payable to **ISUWC**, to Rochelle Ginder, 4119 Tucson Ct., Ames, IA 50014. Renewal and payment via PayPal is also available on the website at www.isuwc.org. The cost for using PayPal to renew your membership is \$26.06. If you misplace your **celestial blue** renewal form, it can be downloaded and printed from the website. Remember to consider contributions to the scholarship fund! If you have questions contact Rochelle (515-292-8244) or Marie Schropp (515-292-1834).



THIS is great news!!! Couples Mahjong

COUPLES MAHJONG

Join Couples Mahjong—a new ISUWC interest group! Jonie Fitzsimmons will host the first meeting in her home once the pandemic has passed. She has two card tables in addition to a kitchen table, and can host a maximum of six (6) couples or twelve people. Day and time will be a group decision. Contact Jonie if you are interested.



Please send photos and comments for Iowa State Women's Club to Jonie Fitzsimmons or Karen Hoiberg for posting on our FB page!

BLOCK BUILDERS QUILT RAFFLE BENEFITING ISUWC SCHOLARSHIP FUND

Block Builders would like to thank everyone who purchased a ticket for the annual quilt raffle. Even with the cancelled meetings and events, we were able to donate **\$400.00** for the **ISUWC Scholarship Award Fund**. Thanks to the members who purchased tickets at the February meeting and to all the Block Builder members who sold tickets in the various interest groups they are involved. Thanks again to **Bonnie Trede** for donating the quilt this year, making it possible for every dollar raised to go to the Scholarship Award Fund.

And the winner is... Ann Hein! Congratulations to Ann!



BIKING BABES

Biking Babes met via Zoom earlier this month and made the decision to continue with their twice monthly rides. Several rides are adjusted to avoid crowded trails. Decisions were made and rules put in place to insure social distancing and self-reliance during the Coronavirus outbreak.

We also decided to hold off on canceling our overnight bike trip in mid-July. If cancelled, it will be moved to the next year. We will travel to Cedar Rapids to ride the Cedar River Valley Trail and the Cedar Valley Nature Trail. We will stay at Prairie Woods Eco Spirituality Center. Cost for room, four meals, tour by Naturalist, class on Labyrinth with opportunity to walk the PW Labyrinth, and a seasonal guided meditation will cost approximately \$110.

It is not too late to join us for our twice monthly rides and our overnighter. We ride on local trails the first and third Thursday of the month. Our rides are out and back so you pick your own length. If you do turn around early, one of our seasoned members will join you so you are never alone on the trail. We generally plan for 11 to 17 mile rides. Beautiful trails with a lot of encouragement. Open to members of all abilities with a bike and helmet and ability to transport yourself and your bike during Coronavirus social distancing.

YEARBOOK CHANGES

Please correct your yearbook to reflect these changes:

New Member:

Pat Swanson 4230 Stone Brooke Rd, Ames, IA 50010, 515-451-0941, pswansonisu@gmail.com

Updates:

Eileen Tramp, 2305 Northcrest Pkwy, #306, Ames, IA 50010

Polly Gilbert, 1817 Northcrest Ct, Ames, IA 50010

Judy Hodges, 5900 Hyde Av, #216, Ames, IA 50010, judikay65@gmail.com

Connie Sweeney, 5900 Hyde Av, #309, Ames, IA 50010

FROM THE NEWSLETTER EDITOR

During this time of social distancing, we would like to know how each of you are spending your time. I plan to send a 'Happy Memories' newsletter during the summer with your helpful hints on how you communicate with friends and family, the ways you fill your days and whatever else you would like to share with members. You may have a recipe to share, especially one that can be made with typical pantry supplies. I encourage you to share photos and please include a description for me to use. Please send all items to Holly Beermann, hollybeermann@gmail.com. Please note that I don't know how many members will contribute to this idea but I will let you know and I apologize if I can't include everything I receive.

SCHOLARSHIPS AWARDED

The Scholarship Committee met in February to select the 2020-21 scholarship recipients. The scholarships are funded by interest earned on an endowment established by the club. Members and interest groups contribute to the scholarship funds as they are able. The scholarship recipients who are Iowa State University women students are selected annually and recognized for their academic, personal, and community accomplishments.

The committee received 21 scholarship applications this year. Our ISU women applicants this year came from a variety of locations. Their home states included Iowa, Missouri, Illinois, Wisconsin, Colorado, New Jersey, and California. We also had applicants whose home countries included Turkey, Iran, Macedonia, Kenya, India, Brazil, and Spain. The young women are extremely talented with studies including music, electrical engineering, women's studies, mechanical engineering, math, applied linguistics & technology, industrial design/human-computer interaction, biomedical engineering, food science/dairy science, family & consumer science education and studies, animal science, and veterinary medicine.

This year the scholarship endowment fund allowed the committee to award six \$1,000 scholarships which is two more than last year. We want to thank the members of the ISUWC for their generous support of the scholarship fund this year. An awards dinner will be held this fall to honor the students, and they will be invited to attend either the October or the November General Assembly so the membership can meet them and learn about their educational endeavors.

The scholarship recipients this year are:

McKenzie R. Beals Weber, Friend, NE; DVM, Doctor of Veterinary Medicine

Katherina (Katy) Cromwell, Williamsburg, IA; Senior, Mechanical Engineering

Aislinn (Pomfret) Ophoff, Hudson, WI; Senior/DVM, Animal Science, Veterinary Medicine Concurrent MS in Veterinary Microbiology

Agata Guskaroska, Macedonia; PhD, Applied Linguistics & Technology

Priyanka Krishnan, India; MS, Industrial Design/Human-Computer Interaction & Graduate Certificate in Instructional Design, PhD, Design Education

Megan Gard, Johnston, IA; DVM, Biology, Doctor of Veterinary Medicine

CONGRATULATIONS TO ALL OUR SCHOLARSHIP AWARDEES!

McKenzie R. Beals Weber, Friend, NE DVM, Doctorate of Veterinary Medicine



McKenzie R. Beals Weber is a third year student in the ISU College of Veterinary Medicine. She is from Friend, Nebraska, and grew up on a small farm with cattle and other livestock. She received her Associate of Science degree from the Nebraska College of Technical Agriculture, and her Bachelor of Science degree from the University of Nebraska-Lincoln.

McKenzie has a wide range of experience in the veterinary field. McKenzie has interned (both paid and unpaid) at multiple veterinary practices as a student, and has been on an education abroad trip to Thailand. While at Iowa State, she participated in causes to raise funds for local rescue animals and for patients at the College of Veterinary Medicine needing financial assistance. She is on several student boards in the College of Veterinary Medicine.

McKenzie is passionate about food safety, and will help to ensure the safety of animal products entering the food chain, the proper use of antibiotics, prevention of diseases in food animals, and the protection of US animals from foreign diseases. Following graduation in the spring of 2021, McKenzie will join the Sutton Veterinary Clinic in Sutton, Nebraska (primarily beef cattle and swine). She will be a welcome addition to the veterinary profession.

Katherina (Katy) Cromwell, Williamsburg, IA Senior, Mechanical Engineering



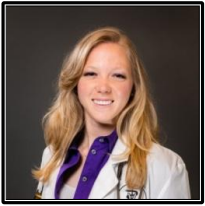
Katy Cromwell is a senior in Mechanical Engineering and will graduate in December 2020. She received her amazing work ethic and discipline growing up on a family farm in Williamsburg, IA. Her mother was one of the few female farmers in the area and Katy took great inspiration from her mother as a role model.

Katy is passionate about supporting women majoring in STEM disciplines. She is an active member in the Society of Woman Engineers and is the current Co-Vice President of the Corporate Relations committee, planning the club's seven meetings each semester, hosting companies and over 60 club members each time. She also is a Student Role Model for ISU's Women in Science and Engineering.

Her references praise her for her involvement in Destination Iowa as a team leader, Ames Science Bowl, Hurricane Harvey Relief and Habitat for Humanity.

Katy's goal as a professional is twofold. She wants to create and design innovative products that make our lives easier and to market those products with international collaboration. She also plans to continue promoting women in STEM.

Aislinn (Pomfret) Ophoff, Hudson, WI
Senior/DVM, Animal Science, Veterinary Medicine
Concurrent MS in Veterinary Microbiology



Aislinn Ophoff is passionate about providing the best animal care to her local community. She majored in Animal Science as an undergrad and will receive her DVM in May 2021. She is also concurrently working on her MS in Veterinary Microbiology and Preventive Medicine. Interestingly, her entire family are healthcare professionals but she is the only one to focus on animals.

Aislinn is currently chapter president of the Student American Veterinary Medical Association for the ISU College of Veterinary Medicine. Besides representing the organization at conferences and leading the chapter, she's devoted her time organizing the SAVMA SCAMPER, a 5k dog friendly run, assisting students in studying for boards and tutoring students in specific classes.

Aislinn and her husband participate in the International Friendship Connection through their church by hosting international students in their home and having meals together to make sure international students step foot into an American home and have an American friend.

Agata Guskarska, Macedonia
PhD, Applied Linguistics & Technology



Agata Guskarska is a PhD student majoring in Applied Linguistics and Technology. She was an English teacher for seven years, and was exposed to all levels of education in her home country of Macedonia. She was selected as a Fulbright student by the US Embassy in Macedonia. She received her second Master of Arts degree from Iowa State

University.

Agata is very involved in her ISU academic community, volunteering at the SHOP, creating and publishing an e-book to help incoming students, and joining the Peer Advisory Resource Team. Agata also joined the International Friendship Fair to represent her country, promoting mutual understanding between cultures. She has presented her research at several conferences, and has helped organize educational presentations at Iowa State.

Agata's career goal is to apply for teaching and research positions at the top universities in Macedonia. She plans to improve the teaching system, conduct relevant research, and train future teachers. We hope she will carry many positive ISU experiences with her as her career blooms.

Priyanka Krishnan, India

MS, Industrial Design/Human-Computer Interaction
& Graduate Certificate in Instructional Design, PhD,
Design Education



Priyanka Krishnan, who was born in India, came to the United State as a 17-year old. Not only did she have to adapt to a different culture, but she also found herself the only "international woman, from a third world country" in the Department of Industrial Design when she started at ISU. She is currently pursuing her MID and PHD in Design

Education. Priyanka has worked continually during her time at ISU maintaining a 3.76 grade average and being involved in community and professional activities, college clubs and organizations. Her references describe her as a natural leader who is brilliant, tenacious and innovative.

Priyanka's research is focused on the analysis of cultural and organization barriers experienced by women in academia. As a budding entrepreneur, she "created a mobile application as a safe digital platform for women to share their vulnerable experiences and to co-create strategies to help each other learn, share, and fight stereotypical norms." Priyanka has been able to launch her platform as a company for woman around the country and the world with the assistance of The ISU Pappajohn Center of Entrepreneurship.

Megan Gard, Johnston, IA
DVM, Biology, Doctor of Veterinary Medicine



Megan Gard is a student in the ISU College of Veterinary Medicine. She is from Johnston, Iowa, and grew up in a sports minded family. First working as a kennel assistant and as she learned more, her duties expanded to include more clinical experiences as a veterinary assistant. During college, she worked as an assistant at a small animal clinic, as

well as in two different research labs. Her work at these labs gained her experiences in leadership and research skills. She also learned that being a primary researcher was not her calling, as she wants more animal contact time.

As an officer of the ISU Equestrian Team, Megan increased her leadership skills. She trained her dog to be a therapy dog, and visits Child Serve to allow positive and enjoyable experiences for the kids. Megan is still exploring the range of options in the field of veterinary medicine. She is confident she is in the right profession and will find her niche.

PHOTO GALLERY

THE POWER OF ZOOM! Interest groups find that Zoom allows them to stay engaged and plan for future meetings.



Screenshot of Spice girls Zoom meeting



Screenshot of Biking Babes Zoom meeting



G.I.V.E. Interest Group preparing a meal at Food at First



Stitchery Members show some of the 30 pillow cases they made in February for the LSI Beloit Residential Treatment Center



Jonie Fitzsimmons demonstrating a quilt she made for her daughter using the pineapple ruler technique

The vision of the Iowa State University Women's Club is to create unity through friendship, promote a sense of belonging with each other and within the community, and as we grow, to have an impact on our society.