

IOWA STATE UNIVERSITY

Women's Club

March 2021 Newsletter



Photo by Holly Beermann

“And the Friends We Meet Along the Way...”

ISUWC PRESIDENT, JOYCE SCHAFBUCH



Happy March! I hope you all are healthy and as ready for Spring as I am!

Just a note to tell you about our program this month. We look forward to hearing Sue Kohler tell us about Happy Harmony Mittens. If you are familiar with these ladies, you will be excited to hear what they have been

up to. If you have not heard of them before, check out their Facebook page and find out about all the organizations they have helped through the sale of their wonderfully warm mittens!

Our Assembly program will be Monday, March 15th at 1:30 p.m. via Zoom. Hope to see you all there!

We will also be voting on next year's officers at that time. The list is in this month's newsletter. My sincere thanks to all these ladies who are either continuing in their role or said “Yes” to a new role in ISUWC. We have had talented, well-qualified women in this club for over 123 years, and I am confident we are in good hands for MANY more!

CALENDAR OF EVENTS

Monday, March 15

BUSINESS MEETING, 12:45 PM

ASSEMBLY PROGRAM, 1:30 PM

“THE MITTEN PROJECT”

BY SUE KOHLER, HAPPY HARMONY MITTENS

Zoom meeting link to be shared via email.

Newsletter Deadline

April 1, 2021

Monday, April 19

SPRING LUNCHEON—CANCELLED

The vision of the Iowa State University Women's Club is to create unity through friendship, promote a sense of belonging with each other and within the community, and as we grow, to have an impact on our society.



MARCH ASSEMBLY PROGRAM BY ZOOM

Please join the Zoom meeting on March 15 at 1:30 pm. An email with the link will be sent prior to the meeting. You are welcome to join the 12:45 pm business meeting preceding the Assembly Program. The same Zoom link can be used for each.



DOLLAR-TO-DOLLAR MATCH for 2021 SCHOLARSHIP CONTRIBUTIONS

Did you know the Geneva Scholarship Award, established in 1913, was Iowa State University Women's Club first scholarship award? Imagine the women our club has supported over the years. What impact did those women make in their careers and their communities? And imagine how our yearly awards funded through a scholarship award endowment impact current women attending Iowa State. As your interest group considers its yearly-worthy-cause contribution, please consider targeting money to the Scholarship Endowment Fund to keep our long-standing tradition alive. Or, if you personally feel inclined to contribute, tax deductible contributions may be sent to the ISU Foundation, 2505 University Blvd, Ames, IA 50014 or to Karen George, ISUWC Treasurer, 2834 Cambridge Dr., Ames, IA 50010. Contributions collected from now until May 30th will be matched dollar-to-dollar up to a \$1000.

SLATE OF OFFICERS 2021-2022

President – Shari Glenn

President – Elect – Jeanette Dieterich

1st VP – (Membership) – Jan Bruce & Marie Schropp

2nd VP - (Programs) – Linda Cunningham, Julie Larson

3rd VP - (Hospitality) – Madonna Johnson

Secretary – Marybeth Buchele

Treasurer – Karen George

Historian – Holly Beermann, Ana McCracken

Parliamentarian – Joyce Schafbuch

HEADS UP FOR ANNUAL REPORTING

Interest group reports will be due in May for the 2020-2021 year. We believe it is important this year to record group activities in photos whenever possible. We ask that in the next few months all groups try to screen-capture Zoom calls and take photos of meetings or volunteer activities. The photos may be submitted with your annual reports and/or sent to Jonie Fitzsimmons to post on Facebook or the ISUWC website. Please include descriptions of the photos, name of the person that took the photo if you wish to be acknowledged as photographer, and members' names if you wish. However, members' names are not required.





COUPLES SOUGHT FOR STUDY OF EVERYDAY COLLABORATION

My name is Jennifer Margrett, and I am a Professor in the Department of Human Development and Family Studies at Iowa State. Together Cindy Reese-Melancon, an Associate Professor of Psychology at Oklahoma State University, and I lead PROPEL (Prospection and Partnership in Everyday Life), a research study funded by the National Institutes of Health.

PROPEL is currently recruiting couples to participate in this research study and contribute to the scientific understanding of how partners collaborate to accomplish everyday tasks in middle and older adulthood. This program of research can have a lasting impact on health and well-being by revealing how partners work together to promote optimal aging and independent living. We invite you and your partner to participate in PROPEL!

Our goal is to survey couples over the course of four years and conduct two in-person sessions. Given that this project is launching during COVID, we will begin with online or mail-in surveys and ask participants to complete a survey and online task twice yearly. We will ask participants to participate in two "live" sessions: (a) one is an in-person session at the Iowa State University Research Park or a community location near your home and (b) the second is an in-home component in which we ask participants to complete everyday tasks using a tablet or smartphone.

Eligibility:

- Partner age is within five years of one another.
- The couple has been married or in long-term relationship for at least 5 years.
- The couple lives together.
- The couple does not reside in a skilled nursing facility or health care center.
- Proficient in English.

Each potential study participant will complete a Telephonic Interview for Cognitive Status with a researcher to determine eligibility.

If you are interested in learning more about this research study, please e-mail propel@iastate.edu or call 515-294-2025. You will be contacted to schedule a convenient time to discuss the study and learn if you and your partner are eligible to participate.

With kind regards,

Jennifer Margrett, Ph.D.



Reminder: Iowa State University Women's Club has a Zoom subscription available for all interest groups and committees to use for virtual meetings. With a subscription, we have **UNLIMITED** meetings, with **UNLIMITED** minutes for up to **100** people per meeting.

If your group would like to use the club's Zoom subscription, you must schedule your meeting through the club in this manner:

Send an email to: isuwomensclub@gmail.com at least two days in advance of the Zoom.

CLUB INFORMATION

Email	isuwomensclub@gmail.com
Website	www.isuwc.org
Facebook	https://www.facebook.com/ISUWC
Friendship	Sharon Olson, smolson75@gmail.com Marilyn Barquist, mmmcburg@yahoo.com
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PHOTO GALLERY



The February project for the G.IV.E. Group was to write personal thank you notes to staff at MGSC, donate snacks and funds for coffee, lunch etc. Our group responded most generously on all counts!



George Washington may or may not have chopped down a cherry tree but he certainly gave the Spice Girls a delicious topic for their February Zoom meeting. NO lie!



Mahjong Maniacs!