

# IOWA STATE UNIVERSITY *Women's Club*

## August 2021 Newsletter



Photo by Holly Beermann

### ***"Learning to Dance in the Rain"***

#### **ISUWC PRESIDENT, SHARI GLENN**



Hi! I hope you are all as excited to start another year of Iowa State University Women's Club as I am! I am really looking forward to a more "normal" year. To stay "normal" we have developed a Covid-19 policy for the coming year. Please read the policy on in a separate article.

I would like to begin by thanking Joyce Schafbuch for her strength and leadership last year. I also send my admiration and thanks to all the other officers, committees, and interest group chairmen for the great job they did navigating us through the pandemic. I saw a lot of determination, grit, and creativity.

I would like to share with you the reason I chose this year's theme. Most of you have seen the quote, "Life is not about waiting for the storms to pass; it's about learning to dance in the rain." We have all faced many storms in our lives. This past year presented us with many storms-with COVID and the derecho leading the way. My biggest storm came when my late husband was diagnosed with aggressive cancer at the age of 53 and was told he had three months to live. He became paralyzed within a week of the diagnosis and underwent some very brutal treatments and surgeries to extend his life. He mentioned once while hospitalized in Mayo that he would like to visit the Grand Canyon should he live. Thanks to his treatments, he did continue to live. That was the start of our "Big Adventures" for the next eight years. Each summer after school was over, we packed our suitcases and his wheelchair for a long trip. We shared our travel highlights and health updates on a site called CarePages. At some point, our motto on CarePages became "Life is not about..." The motto represented our desire to get as much out of what time he had

left and the positive attitude he always had in his battle with cancer. I have been blessed with a second husband (some of you know him as pool boy!) who also has a positive attitude and desire to get everything he can out of life.

Our club has been through a tough year but here we are-still dancing! The ISUWC members I have been fortunate to meet and call friends all have positive attitudes and a desire to get as much as they can out of life. Let's use these qualities to have this year be one of our best.

Shortly before Paul died in 2014, we moved to Ames. I found myself not only a widow but someone who did not know many people in town. Donna Sogard saved the day by suggesting I join ISUWC. What a godsend this club has been to me. Let's all reach out to others that may need more in their lives too. Invite them to join this amazing club so that they may also benefit from the many things our club has to offer.

Linda Cunningham and Julie Larson have planned some fabulous programs for us this year. Check those out when you get your new yearbook.

The Fall Opener Committee and the Fall Trip Committee have both been hard at work planning for those events. Please note their articles. Our membership committee and yearbook committee have also done a great job again this year.

Please let Jonie Fitzsimmons know if you have any ideas for new interest groups. We will be organizing those at the Fall Opener.

I feel my role as your President is to help. You are all doing fantastic work. I am only here to help you continue that work. Please contact me if there is anything I can do for you.

We will continue to post updates on the website, on Facebook, and in e-mails as events develop. Here's to an exciting new year!! Keep dancing!!

Shari Glenn

## WELCOME TO ALL ISUWC MEMBERS!

The ISUWC remains an active, thriving group that meets the diverse interests of a diverse membership! We currently have 311 members who renewed their memberships (or returned to the group) and 50 Honorary Members. We are also pleased to welcome 10 new members to the ISUWC this summer! Some are new to the community, while others have lived here for a while and are just now able to join the club. Please be sure to welcome and introduce yourself to them as they begin exploring the Interest Groups.

A warm welcome to: Heather Botine, Becky Boyd, Charlotte Burt, Liza Cartwright, Joleen Dietz, Carolyn Dorhout, Megan Fairall, Denise Gaska, Shala Ludley and Jane Montgomery.

If you know of someone who might be interested in joining, please contact Marie Schropp (mmschropp@msn.com) or Jan Bruce (janbruce78@gmail.com) the Membership Co-Chairs, or they can go the website [Join / Renew – Iowa State University® Women's Club \(isuwc.org\)](https://www.isuwc.org). The Fall Opener is a perfect place to bring a friend who would like to join the club. Memberships forms and information will be available that day.

## IT'S TIME FOR YEARBOOK PICK-UP!

The 2021-2022 ISUWC Yearbook will be ready for distribution on: Thursday, August 19th from 10 AM – Noon at Inis Grove Park – Walnut shelter Rain or shine! Inis Grove Park is located at 2500 Duff Avenue (the corner of 24th and Duff). The Walnut shelter is the main shelter located in front of the Miracle Playground. There is a large parking lot with a short walk to the covered shelter. Yearbooks will be delivered to Honorary Members who do not pick up their copies.

Please plan to pick up your yearbook that day. If you are unable to attend, perhaps you can arrange, ahead of time, with a friend to pick it up for you. We will be there, rain or shine!

Beginning on August 20th, you can make arrangements with Jan Bruce (janbruce78@gmail.com) or Marie Schropp (mmschropp@msn.com) to pick up your copy at one of their homes. Jan lives in south Ames at 3015 Red Fox Road, and Marie lives in west Ames at 1323 Scott Circle. Contactless pick up is available. Yearbooks will also be available at the Fall Opener and at Assembly Meetings throughout the year.

## CALENDAR OF EVENTS

**Monday, August 19, 10 – 12 am**

**YEARBOOK PICKUP**

**Inis Grove Park, Walnut Shelter,  
2500 Duff Avenue, Ames**

**Monday, August 30, 2021 – 9:30 am**

**BUSINESS MEETING**

**BIG BLUESTEM SHELTER,  
Moore Memorial Park,  
3050 Northridge Pkwy, Ames**

**Friday, August 27th: 9 am – 4 pm**

**Saturday, August 28th: 9 am – Noon**

**QUILTING/CRAFT SALE**

**Fundraiser for the ISUWC Scholarship Fund  
3011 Harrison Road, Ames**

**Monday, September 13, 10 – 11:30 am**

**FALL OPENER WITH LIGHT BRUNCH**

**City Church of Ames  
2400 Oakwood Rd, Ames**

**Tuesday, October 12, 8:45 am**

**FALL DAYTRIP TO IOWA FALLS**

**Meeting place TBA**

**Monday, October 18, 1:30 pm**

**MOVING FORWARD IN HEALTH CARE AFTER  
COVID-19**

**By Gary Botine, VP Mary Greeley Medical Center  
Location TBA**

*The vision of the Iowa State University Women's Club is to create unity through friendship, promote a sense of belonging with each other and within the community, and as we grow, to have an impact on our society.*

## BLOCKBUILDERS DONATE QUILTS

The Block Builders held their May 14 meeting at Moore Park, where they gathered nearly 50 quilts they had sewn over the past few months to be donated to students in need. Co-chair Phyllis Schrag is shown presenting the quilts to representatives of the Ames Public School District, who will assist in the distribution of the quilts.



## FRIENDSHIP COMMITTEE

The Friendship Committee sends greeting cards from ISU Women's Club to our members. Cards are sent for hospital stays, extended illness, death of a member, death of a member's relative, special birthday (70+), special anniversary (50+), a new grand-baby and for a special honor or award a member has received.

We rely on our membership to let us know when a card needs to be sent. Please let us know if you become aware of any of the events listed above, and we will be glad to send wishes from ISUWC.

Sharon Olson, Friendship Committee Chair  
515-291-0301, [smolson75@gmail.com](mailto:smolson75@gmail.com)

## CLUB INFORMATION

<b>Email</b>	<a href="mailto:isuwomensclub@gmail.com">isuwomensclub@gmail.com</a>
<b>Website</b>	<a href="http://www.isuwc.org">www.isuwc.org</a>
<b>Facebook</b>	<a href="https://www.facebook.com/ISUWC">https://www.facebook.com/ISUWC</a>
<b>Friendship</b>	Sharon Olson, <a href="mailto:smolson75@gmail.com">smolson75@gmail.com</a>
<b>Interest Groups</b>	Jonie Fitzsimmons, <a href="mailto:joniefitz@gmail.com">joniefitz@gmail.com</a>
<b>Membership</b>	Janice Bruce, <a href="mailto:janbruce78@gmail.com">janbruce78@gmail.com</a> Marie Schropp, <a href="mailto:mmschropp@msn.com">mmschropp@msn.com</a>
<b>Newcomers</b>	Sachiko Funaba, <a href="mailto:sfunaba@gmail.com">sfunaba@gmail.com</a> Marie McCuskey, <a href="mailto:mariemccuskey@gmail.com">mariemccuskey@gmail.com</a> RuthAnn Royer, <a href="mailto:ruthannroyer@gmail.com">ruthannroyer@gmail.com</a>
<b>Newsletter</b>	Holly Beermann, <a href="mailto:hollybeermann@gmail.com">hollybeermann@gmail.com</a>
<b>Publicity</b>	Jill Lowman, <a href="mailto:jilleloman@gmail.com">jilleloman@gmail.com</a>

## ZOOM FOR INTEREST GROUPS MEETINGS

ZOOM remains an option for interest groups or committees wishing to use it for meetings or to include members who cannot attend a meeting. To schedule a Zoom meeting, please email [isuwomensclub@gmail.com](mailto:isuwomensclub@gmail.com) in advance as much as possible.

## FALL TRIP BY CAR TO SCENIC IOWA FALLS

The ISUWC Fall Trip on October 12 will be scaled down to a short day and travel by passenger cars only. Members may travel to Iowa Falls on their own, with a group organized by a driver, or join a driver with open seating. Please see more information and a registration form later in this newsletter.





## SNEAK PEEK OF RAFFLE QUILTS AT FALL OPENER!

Members of Block Builders were busy last winter creating not one, but TWO raffle quilts to benefit the Scholarship Award Fund. ISUWC members will have a chance to win a beautiful, totally original quilt, either in an ISU or Holiday theme.

We will preview the quilts at our Fall Opener and you will be able to purchase tickets that day. Tickets will also be on sale at the October and November assembly meetings and at the Holiday Social in December, when the drawing will be held. They can also be purchased from any Block Builder member.

These are one-of-a-kind creations: the ISU quilt was an exciting project in which members each made a row of their choice, assembled them, and came up with a perfect tailgating/throw quilt for any ISU occasion!



The Holiday themed quilt used the “Gather the Pack” pattern with “Holiday Wishes” fabric by Jan Shade Beach, along with some exquisite machine quilting by our own Phyllis Schrag. This is a treasure you will be thrilled to display year after year!



Each quilt measures approx. 60” x 70”. Tickets are \$2.00 each, or 3 for \$5.00, and since all materials and labor were donated, ALL ticket sales go toward the Scholarship Awards Fund!

## ISUWC COVID POLICY

Joyce, Jeannette, and Shari Glenn recently met to discuss ISUWC’s policy concerning Covid precautions for the coming year. Unfortunately, the pandemic is not only not over, but seems to be rearing its ugly head once again. Because of that, we adopted the following policy:

**As a hostess of a small group:** You have the right to ask that unvaccinated people not attend your meeting. You also have the right to determine if masks should be worn by the attending members.

**For large groups (Fall opener, Fall trip, Assemblies):** We strongly encourage all members to wear masks. If you have chosen to not get vaccinated, you **MUST** always wear a mask. This policy may change as conditions change.

## SCHOLARSHIP FUND UPDATE

During the 2020-2021 year ISUWC members were very generous in their contributions for our ISUWC Award Fund. The \$1000.00 match was met and exceeded! The total for all gifts was \$8,349.00 attributed to the following:

Member Gifts - \$4,758.00

Interest Group Gifts - \$1,391.00

ISUWC Gifts to the Foundation: \$2,200.00

The number of scholarship awards varies each year due to the fluctuation in investments. In spring 2021, the scholarship committee was able to award 6 scholarships. Later in this newsletter you will find the biographies of the women who received scholarships from ISUWC.

Thank you to all members for your generosity!



### KRIS MOORMAN TREE DEDICATION

The Nature Study Interest Group, along with Kris Moorman's family and friends, gathered at Brookside Park on August 13th to remember Kris and her many contributions to the Nature Study Group. Kris was a member of the group for over 20 years and served as the Program Coordinator for most of that time. She planned interesting speakers on a variety of topics from birds, plants and animals to water quality and environmental issues. Kris passed away in November 2020 during the pandemic and after the derecho. Members of the Nature Study group felt the best way to honor Kris was to plant a tree in Brookside Park in her memory. Such generous donations were received that we were able to purchase two trees with memorial plaques. The group chose serviceberry trees because they attract birds and are beautiful throughout the year with flowers, changing leaves, and berries.



Serviceberry Tree

### NATURE STUDY MEETS AUGUST 25

The Nature Study Interest Group will hold its first 2021-22 meeting on Wednesday, August 25th at Noon. The sack lunch meeting will be at the Tedesco Environmental Learning Corridor (1815 Plaza Loop, Ames). Ted Tedesco, retired Mayor of Ames and businessman, and Ryan Wiemold, Parks Superintendent at Story County Conservation, will be our presenters and guides as we explore the center. New members are always welcome. Bring a sack lunch; beverages and dessert will be provided.

**Directions:** Take University Blvd. to the third traffic circle south of US30. Use the second exit off the traffic circle to turn onto Collaboration Pl. Turn left at the second street onto Plaza Loop and follow that around to the park entrance.



Nature Study Group Dedication for tree for Kris Moorman



## PHOTO GALLERY

Biking Babes started at Mally Park and rode the Chichaqua Trail to Gay Lea Wilson Trail West to Copper Creek Lake near Pleasant Hill. We had a lot of fun, shade, and one nasty hill.



**Biking Babes ride twice a month—up hill & down—exploring the bike trails of Iowa. Membership is open!**



**Gardening group made leaf castings for one of their meetings.**





Gardening group maintained the community garden plot in Stuart Park.



G.I.V.E. (Girls Into Volunteering Everywhere) gathered at Brookside Park on May 11th to pick up trash and help our community look beautiful. We followed up with lunch at Wallaby's. It was a great day!



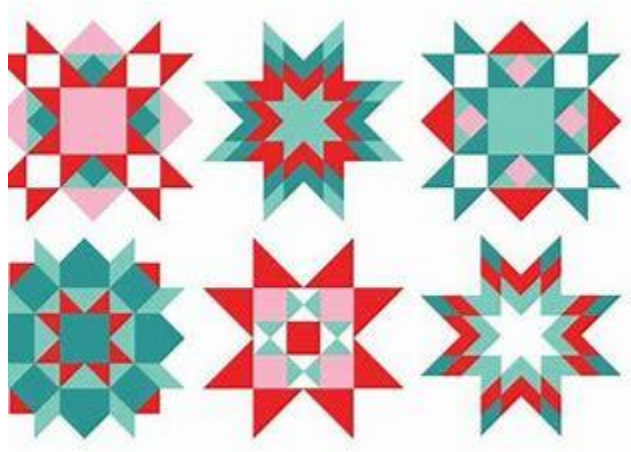


Spice Girls enjoyed lunch at The Vault in Gilbert and a “peachy” treat made with Missouri peaches.



# *Quilting/Craft Sale –*

*A Fundraiser for the ISUWC Scholarship Fund*



*When: Friday, August 27<sup>th</sup>: 9 am – 4 pm*

*Saturday, August 28<sup>th</sup>: 9 am – Noon*

*Where: 3011 Harrison Road, Ames, IA*

*ALL money raised will go to the ISUWC Scholarship Fund*

*For more information, contact Phyllis Schrag or Joyce Schafbuch*

# ISUWC FALL Trip

## Fall Trip Committee of Iowa State University® Women's Club

(Marlene Geiger, Karen George, Joyce Schafbuch, Sheryl Soden, Barbara Splett)

### Invite you to join them October 12, 2021 to Daytrip by Car to Scenic Iowa Falls



*Due to the continuing Covid pandemic, the ISUWC Fall Trip will be scaled down to a short day and travel by passenger cars only. Members may travel to Iowa Falls on their own, with a group organized by a driver or join a driver with open seating. The trip will only be open to fully vaccinated members and masking will be encouraged; individual drivers will have the option of requesting masks in their vehicle. Participation will be limited to 50 members.*

We'll meet at a TBA parking lot at 8:45 am and leave as a group at 9 am. Travel to Iowa Falls will take approximately 1 hr. Upon arrival, travelers will have the option to peruse the charming Iowa Falls downtown area or any of the museums. We will gather for a "Dutch treat" lunch at 11 am at the 502 Grille House located downtown. At 1 pm, we will board the Scenic City Empress Riverboat for the 1 hour 15 minute cruise on the scenic Iowa River to enjoy the river scenery and fall colors. The Scenic City Empress is a comfortable double-decker pontoon boat with an open upper level and enclosed lower level. BYO beverages, including wine, which is an option for the river cruise. At the completion of the cruise, individuals or groups will be free to return to Ames at their discretion.



#### Trip Policies

**Cost—\$10 to cover the riverboat cruise. Payment reserves seat on the boat. Seat refund only if a replacement is found; otherwise, seat is non-refundable. Suggested \$3 gratuity for a driver by each rider. The committee reserves the right to CANCEL the trip if pandemic conditions warrant with a full refund.**

Detach here -----

**Yes, I want to travel to Iowa Falls, IA on Tuesday, October 12<sup>th</sup> with ISUWC!**

**My check for \$10 is enclosed.**

**I understand the trip policies and will provide a Confidential Emergency Information, Medical Consent/Release and Hold Harmless Agreement (form will be sent to you prior to trip) on the day of trip.**

Name \_\_\_\_\_ Address \_\_\_\_\_

Phone on day of trip \_\_\_\_\_ Email \_\_\_\_\_

I will drive myself \_\_\_\_\_. I will drive invited riders \_\_\_\_\_. I will volunteer to drive \_\_\_\_\_. I will be a rider \_\_\_\_.

**Mail form and check (payable to ISUWC) to Marlene Geiger, 2374 220<sup>th</sup> St, Ames, IA 50014**



# Iowa State University® Women's Club Scholarship Recipients for 2021-2022 Academic Year



**Ananda Astrini Muhammad, Indonesia, Ph.D., Applied Linguistics & Technology**

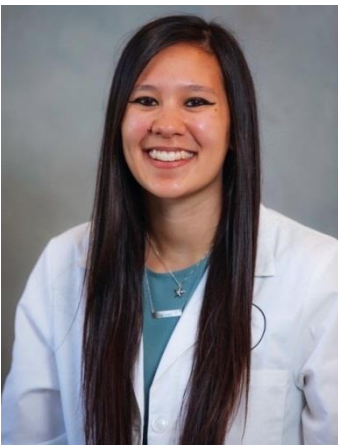
Ananda Astrini Muhammad journey at Iowa State began when she was selected as a Fulbright student by the U.S. Department of State, which allowed her to immerse herself in the U.S. academic community as well as its culture. Seizing the opportunity to remain at Iowa State to pursue her Ph.D., Ananda has been fortunate to be taught and mentored by strong female scholars in her field. Observing and collaborating with them, she has submitted to and participated in over 20 refereed publications and invited academic presentations.

The male faculty at Iowa State have also never failed to motivate Ananda in her research. Her major professor is the primary influence, and he encouraged and convinced Ananda that having experience in the language assessment industry following graduation will

bridge the gap between theory and practice.

As a Fulbright Scholarship recipient, Ananda was involved in various cultural exchange events such as the Cultural Diversity and International Friendship Fairs where she educated the audience on her culture and enthusiastically answered questions about her country. During summers in Ames, she tutors elementary school children in reading so that they continue to develop their reading skills.

Ananda states that “In my academic works, I strive to conduct and disseminate research that places ISU at the forefront of language assessment research. My leadership work serves as a testament to my dedication to not only develop myself, but also others in the process.”



**Erica Nicole Moscoso, Mission Viejo, CA, DVM , Doctor of Veterinary Medicine**

Erica Nicole Moscoso earned her undergraduate degree from Utah State University where she was a Division 1 student athlete playing volleyball. Attending on a full-ride scholarship, Erica learned about crucial leadership and team building skills, and dedicated her time and skills to things larger than herself.

A proud Filipina, a person of color, and the first person in her family to pursue veterinary medicine, Erica became a Dean's Summer Leadership Intern, working alongside Dean Grooms at Iowa State's College of Veterinary Medicine (CVM) to help improve diversity, equity and inclusion at the CVM. She currently serves as vice president for the ISU VOICE (Veterinarians as One Inclusive Community of Empowerment.), a student-run organization that seeks to increase awareness, respect and sensitivity to differences among all individuals and communities in the profession of veterinary

medicine.

Initially arriving at the CVM, Irene had her sights set on becoming a zoo/small animal veterinarian, however she has become interested in the world of diagnostic medicine, whether it be pathology, parasitology or toxicology.

As Erica's career unfolds, she “hopes to continue working in the realm of diversity, equity and inclusion and to mentor other students from similar backgrounds as hers, and hopefully encourage more students from underrepresented backgrounds to pursue a career in veterinary medicine. It is important to set an example for others who may follow in our footsteps.”



***Kara Valasek, Palmer, NE, DVM, Doctor of Veterinary Medicine***

Kara Valasek's passion for the agricultural industry was sparked at a young age growing up as the third generation on a cow-calf feedlot. She describes herself as the little girl who followed her dad around at the sale barn, walking the catwalks to look at the cattle he'd purchased. It was the family operation that created a burning desire for her to pursue a degree in veterinary medicine, in particular the production and performance of the animal sector within the agriculture industry.

Kara's family operation thrives on its diversity and self-sufficiency. They run Charolais bulls with Sim/Angus cows. Cows are calved on their pastures and corn fields and spend the summers in pastures. Once calves are weaned, they are brought home to the family feedlot to be finished. The family harvests their own corn, silage, and hay. Most of the feed consumed by their livestock

is grown on their land.

After spending countless hours working for, shadowing, and volunteering at numerous veterinary clinics, including small animal only and equine only clinics, Kara has concluded that a mixed practice is her main interest. She plans to return to a rural area in Central Nebraska and aspires to invest in a clinic and become a partial or full practice owner.

Kara is dedicated to advocate for the production animal agriculture industry to portray to consumers the dedication and compassion that producers have for their animals. With so many consumers never experiencing how a cow-calf or feedlot operation is managed, she believes it is important to provide consumers information about how their food source is raised and dispute incorrect allegations about the industry. Kara hopes to provide mentorship for individuals interested in pursuing a career in veterinary medicine.



***Irene Mas Martin, Spain, MS, Mechanical Engineering***

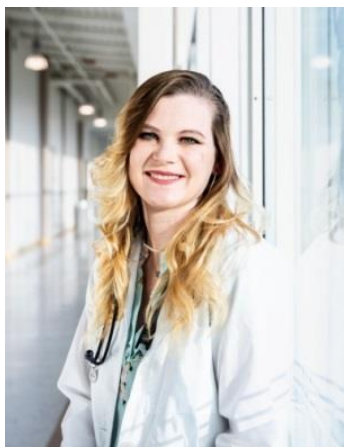
Irene Mas Martin earned her undergraduate degree in mechanical engineering from the Universidad Carlos III de Madrid. She believes that everyone asks him or herself at some point in their life what they wish to accomplish. "Finding a way to help this world while doing what makes you fulfilled is one of the biggest personal fortunes someone can find," says Irene.

Growing up in Spain, Irene was a scouts girl. Allowed no devices such as cell phones in the wilderness, Irene enjoyed staring into the natural surroundings appreciating its beauty. It was during her time as a scout that she realized the severity of environmental issues. Volunteering during her vacations as a scouts leader in her hometown, she taught children and teenagers alternative eco-friendly life-styles, and encouraged kids to build strong morals.

During her bachelor's degree program, Irene had opportunity to study at Iowa State as an exchange student where she joined student clubs on campus such as the SolarCentric and Engineers for a Sustainable World. Irene also worked as a research assistant in Energy Systems Research where focus was placed on Anaerobic Digestion. In this department, Irene realized she had landed on the right path for her career. Returning to Iowa State for her M.S. degree, Irene is following her passion continuing her studies in renewable energies.

After graduation Irene says, "I want to do my part in this world, and not just watch without doing anything. THIS is my way of thanking everyone who helped me or taught me in my life."





**Brittany Skaggs, Gainesville, Florida, DVM, Doctor of Veterinary Medicine**

After graduation from the College of Veterinary Medicine at Iowa State, Brittany Skaggs will be the first doctor in her family. When she was young, she annually showed cattle at the Florida State Fair, which was her first introduction to animal agriculture. It wasn't until she participated in the Midwest Poultry Consortium at the University of Wisconsin Madison that Brittany decided to become a veterinarian in the poultry industry.

Poultry, Brittany believes, plays a major role in the human food supply chain. As a future industry veterinarian, she hopes to be able to give back to the community by taking part in safely and humanely raising poultry for consumers. Passionate about combatting world-wide hunger, Brittany volunteered to donate Thanksgiving meals to the local food bank in Ames. While volunteering, she identified a way to supply eggs to the community. Eggs laid by the college teaching layer flock were slated for composting. Brittany persuaded her supervisor to donate the eggs instead of sending them to compost. Since then, the poultry Research Unit has worked with United Way to donate eggs to food banks around the city of Ames.

World hunger is something Brittany wants to combat. She hopes to one day be an influencer in the reduction of the world hunger number, and to eliminate hunger within her community by giving back as an industry veterinarian.



**Mithila Noronha, Omaha, NE, DMV, Doctor of Veterinary Medicine**

Raised in Omaha, Nebraska, Mithila Noronha is the daughter of Indian immigrant parents. Surrounded by a vibrant and diverse South Asian community full of doctors, teachers, and business executives, it is surprising Mithila chose veterinary medicine as a career. Inspired by trips to the Omaha Zoo and a new puppy, Mithila decided at a young age that veterinary medicine was the right path for her.

It is the variety of daily tasks and encounters that continues to draw Mithila into her chosen profession. As a veterinarian, Mithila is a surgeon, a dentist, an endocrinologist and more. She loves working with people and their pets, and plans to own her own veterinary practice in the future to shape a positive workplace environment supporting her various interests.

Often feeling dissonance between herself and the field of veterinary medicine—due in part to not seeing herself in others—Mithila founded a chapter of VOICE (Veterinarians as One Inclusive Community for Empowerment) at Iowa State. The organization allows for veterinary students to learn more about issues of diversity, equity, and inclusions through speakers, discussion, and community outreach activities. Mithila enjoys helping the vet school community connect with diverse voices in the profession to hear from people whom they would not normally interact.

A student representative on the Diversity, Equity, and Inclusion Committee, Mithila has opportunity to work with vet school faculty and staff on diversity initiatives. She also volunteers for the college's annual Martin Luther King Jr. Day of Service where she helps organize a food drive and volunteer activities. Mithila believes these experiences contribute to the veterinary profession and the community as a whole, as veterinarians should be well equipped to serve people of all backgrounds. She plans to work on diversity initiatives throughout her career to increase opportunities for underrepresented students as well as underserved clients.