Women's Club

September 2020 Newsletter

"And The Friends We Meet Along The Way..."

ISUWC PRESIDENT, JOYCE SCHAFBUCH



READY OR NOT, HERE WE GO!

I am so excited to start the 124th year of ISUWC, and I hope you are too! We will no doubt have to navigate some unknowns, but I think we're getting pretty good at that, and we will strive to communicate with all our members the best we can so everyone has the latest information.

I feel we're up to the task (as our mission states) of "welcoming and involving women, providing opportunities for individual growth, supporting scholarship and community service, and growing and developing as an organization," ALWAYS! I do not know about you, but I like a challenge. We might have to get a little more creative, but I know there are a lot of creative people in our group.

I joined ISUWC in 2014, moving back to lowa after ten years in Houston. We enjoyed Texas (especially the winters!), and to be honest, when we talked about moving north, Ames was about the only place I would consider braving winter for again. Paul and I enjoyed our time in Ames as students back in the late 70's, so it was somewhat of a homecoming. When we visited Ames and campus in the fall of 2013, it was so refreshing to see people OF ALL AGES out and being active, and I could see myself in this place.

I have found that every community, neighborhood and organization has their own vibe, and I have to say Ames and ISUWC is one of the friendliest places I have experienced. I think our theme this year, "and the friends we meet along the way..." is fitting, and I hope you do too. I have met SO MANY wonderfully nice people since I joined ISUWC. Some ladies have been members for over fifty years, and some are new this year. Some of our interest groups have been around over 100 years and we will probably add another seven or eight new ones this year. We currently have over 50 interest groups and are always ready to add more!



Please take a few moments to read through the articles in this newsletter, details about the Fall Opener on Sept. 14th, new and ongoing interest groups to join, and all the rest.

Thanks to Holly Beermann for putting the newsletter together, and thanks in advance to email messages from Marlene Geiger, Facebook posts from Jonie Fitzsimmons, and website updates from Ann Sandine, as they keep all of us in the loop during what will no doubt prove to be a very unique year.

See you at the Fall Opener! (P.S. The accompanying picture is what I will look like on the 14th —bring a friend, sign up for a new interest group, and remember your mask!)

CALENDAR OF EVENTS

Monday, September 14

FALL OPENER, Open House from 10 AM-Noon
Big Bluestem Shelter, Moore Memorial Park

No FALL TRIP due to Covid-19 concerns

Monday, October 19
BUSINESS MEETING, 12:45 PM
ASSEMBLY PROGRAM, 1:30 PM
"100 YEARS OF WOMEN'S SUFFRAGE"
BY KAREN KEDROWSKI, DIRECTOR OF
CARRIE CHAPMAN CATT CENTER
Zoom meeting will be shared via email

Monday, November 16
BUSINESS MEETING, 12:45 PM
ASSEMBLY PROGRAM, 1:30 PM
"HISTORY OF THE IOWA STATE CENTER"
BY TAMMY KOOLBECK, DIRECTOR
Zoom meeting will be shared via email



Fall Opener

Monday, September 14, 2020 10:00 am – 12:00 pm OPEN HOUSE

Big Bluestem Shelter, Moore Memorial Park 3050 Northridge Pkwy, Ames

Due to the coronavirus restrictions and social distancing, the ISUWC 2020 Fall Opener has been moved to an outdoor location. No lunch will be served. Snack bags and bottled water will be provided. Attendees will be able to sign up for various interest groups as well as pick up the 2020-2021 yearbook. Facemasks are required. In case of inclement weather, please check the website. NEW MEMBERS WELCOME! Note: Interest group signups will also be available online at the ISUWC website.

Founded in 1897 for faculty wives at Iowa State College, the club now welcomes all women and offers members friendship, enrichment, and personal growth along with many opportunities for community outreach and scholarship support to Iowa State University women students. There is a wide variety of groups that meet monthly and provide opportunities to meet other women with shared interests, including nature, travel, books, wine, food, bowling, golf, photography, and more.

For more information, visit www.ISUWC.org or contact isuwomensclub@gmail.com



The ISU Women's Club is not affiliated with Iowa State University®.

CONTACTLESS PICKUP OF YEARBOOKS

If you have not yet picked up your 2020-2021 ISUWC Yearbook and would like it before the Fall Opener, you may contact either of the Membership Co-Chairs to arrange a **contactless pick up**. Please call:

Marie Schropp at 515-292-1834 for pick up at 1323 Scott Circle in West Ames OR

Jan Bruce at 641-777-6197 at 3015 Red Fox Road in South Ames

Either Marie or Jan will put a labeled yearbook outside their home for you to pick up once you've arranged a day and approximate pick up time.

CALLING ALL NEWCOMERS!

All new ISUWC members are invited to join Newcomers. This group offers opportunities to meet other new members and enjoy informal gatherings while learning about the club's programs and events, Iowa State University, Ames, and surrounding communities. The group meets the 2nd Thursday of each month at 10 am for the 2020-21 club year. Contact Sachiko Funaba, Marie McCluskey or Ruth Ann Royer for information.

SHARING FRIENDSHIP

Help extend the hand of friendship by contacting Sharon Olson or Marilyn Barquist if you know a member who should be remembered with a card. Cards are sent for hospital stays, extended illness, death of a member, death of a member's relative, birthdays-70+, anniversaries-50+, and a special honor or award that a member has received.

INTEREST GROUP ANNIVERSARIES

Foodies—1975

Gardening—1995

Lunch Bunch—1995

Time of Your Life Book Club-2015

NEW INTEREST GROUP ANYONE?

lowa State Women's Club refreshes itself each year by "floating" possible new interest groups to join. Want to try something new? With 50 interest groups to choose from, there are opportunities for everyone—either by getting involved with an existing group, joining a start-up or starting a new one. Several new interest groups have been suggested and some are partially filled. The list is as follows:

Breakfast Group
Couples Group
Couples Wine Group (has a CHAIR in place)
Couples Book Club
Couples Mahjong
Mahjong for Beginners
Suds Sisters (beer group)
Women's Book Club Women's Lunch group
Disc Golf

Leadership is needed to organize and chair or co-chair each interest group for it to become viable. A minimum of 8 members is needed to start a new group. Please contact Jonie Fitzsimmons with your new ideas.



SCHOLARSHIPS

The Student Award Fund is the club's proudest achievement. As an endowment entirely funded by members' giving through tax-deductible annual contributions. The fund is used to recognize and honor outstanding lowa State University women students with annual monetary awards. The Awards Committee were able to award 6 scholarships because of the continued support of our members. As your interest group considers its yearly worthy cause contribution, please consider targeting that money to the Scholarship Endowment Fund to keep our long-standing tradition alive. All contributions may be made on our website, https://www.isuwc.org/scholarships/,

sent to ISU Foundation, 2505 University Blvd, Ames, IA 50014 or to Karen George, ISUWC Treasurer, 2834 Cambridge Dr., Ames, IA 50010.



THE ANNUAL SIGN-UP ROOM HAS MOVED!!

Our ever-popular Sign Up Room, crowded with anxious, puzzled and new faces will NOT be in the usual location this fall due to Covid "issues". Instead, we will be offering a limited contact opportunity for members to meet with division heads at the Fall Opener at Moore Park to ask guestions.

We currently have 24 groups open for new members. If you are dead set to join, for example, the Gardening Group, you can just give your name to the representative that day and you're in! Another option for people who need to check their calendars or people who don't feel safe coming to the Fall Opener is our new on-line registration, which will open up on the afternoon of the Fall Opener. You will merely check the groups you want to join, and the head of the interest group will be notified.

Most of these groups have plenty of openings:

Armchair Traveler Art and About **Hooks and Needles Biking Babes** Iowa Cafe Adventures **Block Builders** Mahiong Bridge Movie Mavens Cards and Games Newcomers **Couples Breakfast** Stitchery Cribbage Take A Hike Friday Night Out Walk and Talk Gardening Zany Zins Genealogy

For more information on these groups, please check your yearbook. Please note the possible NEW groups that you might be interested in. Contact Jonie Fitzsimmons with questions.

SHARING WITH MEMBERS

How are **you** spending your Covid-19 time? Many of us are sewing, cleaning our closets, and finding ways to meet with family. What are your interest groups doing to stay connected? Are you meeting in person, at parks or businesses or via Zoom or other online community sharing sites? What are your plans for meeting during colder months?

Have you been traveling and what were your experiences while doing so? How are you coping with haircuts and color?

Please send Holly Beermann and/or Jonie Fitzsimmons your notes and photos to share with members. Perhaps you will motivate others to start a new hobby!



August 18, 1920 is an important date in the history of women's right to vote after almost a century of protest. On this day the 19th amendment to the U.S. Constitution was ratified. August 18, 2020 marked the 100th anniversary of this important piece of legislation. The amendment is as follows:

The U.S. Constitution - Amendment 19 - **Women's Suffrage**. The right of citizens of the United States to vote shall not be denied or abridged by the United States or by any State on account of sex. Congress shall have power to enforce this article by appropriate legislation.

Our assembly meeting on October 19, 2020 will feature, "100 Years of Women's Suffrage" by guest speaker Karen Kedrowski, Director of the Carrie Chapman Catt Center located on the Iowa State Campus. Look for details in your email as this date draws near.

PUBLICITY COMMITTEE NEEDS YOU

Jill Lowman, Publicity Chair, and Jonie Fitzsimmons, Facebook Coordinator, need ALL members to help with publicizing ISUWC. Tell your friends and neighbors, share newsletters, like us on Facebook and share postings. Take photos and send to Jill and Jonie; and please include group name. Contact ISUWC at: isuwomensclub@gmail.com, www.isuwc.org or on Facebook



ZOOM MEETINGS FOR INTEREST GROUPS

At the August Cabinet Meeting a Zoom subscription was suggested to make it possible for groups/committees to meet via Zoom when other means are not practicable. A monthly subscription has been purchased for the Pro plan (\$14.95/mo. plus tax) providing 24 hr. meeting time with up to 100 participants. Therefore, no one will be limited to 40 min meetings offered by the basic free plan that many have been using since the start of the pandemic. We are limited to one email address for this subscription, issuwomensclub@gmail.com. You may continue with the basic free plan your group is using if desired.

Please follow this procedure to schedule a Zoom meeting:

- Send an email to the club at isuwomensclub@gmail.com at least two days in advance of the Zoom meeting.
- If plans change and there is a sudden need for a Zoom meeting, we will do our best to accommodate. In this case, send the email message with the required information. Call or text Marlene Geiger at 515-451-0421 alerting her to the need to schedule something ASAP.

In the email the following information is needed:

- Provide the name of your interest group,
- date/time of meeting,
- amount of time desired for your meeting (30 min to 24 hrs.); you can ask for more and not use it.
- And email addresses for members to be included.
 Participants will receive emails using the email address in the ISUWC database, so it is imperative that members keep their email addresses current.
- 3. The meeting will be scheduled, and invitations issued to the assigned participants.
- 4. At the time of your meeting, all participants will go to their personal email to find their Zoom invitation. Participants will open the invitation, find the meeting link and password. In most cases, all the participant will need to do is click on the link and they should be part of the meeting. However, anyone who has not used Zoom in the past will have to download the app prior. Participants will also need to be sure their video and audio are on.

If anyone needs help setting up a personal Zoom account, please let us know.

Marlene Geiger, ISUWC Email Coordinator

PHOTO GALLERY





Business meeting attendees wore masks and kept social distance at Moore Park in August. Photos by Joyce Schafbuch.

The vision of the Iowa State University Women's Club is to create unity through friendship, promote a sense of belonging with each other and within the community, and as we grow, to have an impact on our society.



Breakfast Buddies enjoyed a wonderful morning visiting on the patio at Provisions! So good to meet with good conversation and morning treats! Photo by Marie Schropp.



The Spice Girls had a lovely salad luncheon on a beautifully shaded deck. They were happy to see each other and catch up. The sunflower cupcakes were the perfect ending to a wonderful day! Photo by Marie Schropp.



During Covid-19 isolation, Mary Beth Buchele reorganized her spices of more than 90 jars, all newly labeled and alphabetized. She also gave spices she no longer needed to others, so nothing went to waste! Photo by Mary Beth.